

Food Assistance

Supplemental Nutrition Assistance Program (SNAP formerly Food Stamps)
Application Assistance is available by phone at 603-669-9725, ext. 1147.

Local food assistance resources with limited contact:

<https://www.greatbay.edu/wp-content/uploads/2020/04/Portsmouth-Food-Resources-Mar-17-2020.pdf>

Area Food Pantries

Note: Operational information about the food pantries listed below is subject to change. Check agency websites for updated information about temporary procedures and schedules related to the COVID-19 pandemic.

Gather Pantry Market

<https://www.gathernh.org/campaign-1>

210 West Road, Suite 3
Portsmouth, NH 03801

603-436-0641

MONDAY-THURSDAY: 10AM-5PM

FRIDAY: 9AM-1PM (COMMUNITY FRIDAY CURRENTLY OUTDOORS AT COMMUNITY CAMPUS)

Note from Gather:

At Gather, members can visit our pantry market once a month, and can join us during our open hours on Free Fridays. The food you receive is a supplement and should provide you with 7-10 days worth of food. However you will also receive personal care items and cooking ingredients that may last for the month.

Gather strives to offer a variety of fresh produce and healthy food options. In addition to regular Pantry Market hours, Gather offers "Community Fridays", which are open to all and do not count against a customer's monthly Pantry Market visit.

St. Thomas More Food Pantry

<http://www.stmdurham.org/index.php/about-our-parish/food-pantry>

6 Madbury Road
Durham, NH 03824
868-2666

Food Pantry Available Thursdays in the STM Church Hall 4-6pm.

Cornucopia Food Pantry at The Waysmeet Center, UNH

<https://www.waysmeetcenter.org/cornucopia/>

15 Mill Road
Durham, NH 03824

Food Pantry hours of operation are as follows:

Tuesdays 3:00-6:00 pm, Wednesdays 1:00-4:00 pm & Fridays 12:00-2:00 pm by appointment
Due to COVID-19, please call or email ahead of time to arrange an appointment to pick up a food box within these hours.

Please call (603) 862-1165 for other arrangements or to hear our shopping policy.

Newmarket Food Pantry

<http://newmarketchurch.org/missions/food-pantry/>

Newmarket Community Church
137 Main Street
Newmarket, NH 03857

659-3892

Thursdays: 4-6pm and Fridays: 10-12pm

Barrington Community Food Pantry

<https://www.barrington.nh.gov/welfare-department/pages/barrington-community-food-pantry>

105C Ramsdell Lane
Lower Level of the Barrington Public Library
Beside the Recreation Department

(603) 664-0233

Thursdays from 6:00 pm to 7:30 pm

Woman, Infants, Children (W.I.C.)

<http://www.signupwic.com/>

Supplemental food vouchers for pregnant woman and nursing mothers, non-nursing mothers up to 6 months postpartum, infants, and children under age 5.

Rockingham County WIC Clinics

(800) 256-9880

40 Wedgewood Road
Portsmouth NH 03801

4 Cutts Street
Portsmouth NH 03801

100 Campus Drive
Portsmouth NH 03801

43 Pine Street
Exeter NH 03833

Prescott Road
Raymond NH 03077

818 1st NH Turnpike
Northwood NH 03861

Somersworth WIC Clinic

(603) 332-4358
311 Route 108
Somersworth NH 03878

Supplemental Nutrition Assistance Program (SNAP)/ Food Stamps

<https://www.dhhs.nh.gov/dfa/foodstamps/>

Ways to Apply:

Nearby NHHS District Offices:

For residents of Rockingham County:

19 Rye Street
Portsmouth, NH 03801
(603) 433-8300; (800) 821-0326

For residents of Strafford County:

150 Wakefield Street, Suite 22
Rochester, NH 03867
(603) 332-9120; (800) 862-5300