
Energy Assistance Programs

Heating fuel, electricity, and weatherization assistance.

Southern NH Services

Portsmouth Area
4 Cutts St., Portsmouth

(603) 436-3896
(800) 639-3896

Seacoast Area
146 Lafayette Rd., Seabrook

(603) 474-3507
(800) 979-3507

Community Action Partnership of Strafford County

603-435-2500

Dover Office:

577 Central Avenue, Suite 10
Open Monday through Friday from 8 AM to 4:30 PM

Rochester Office:

10 Cold Spring
Open Monday, Wednesday, Friday from 8 AM to 4:30 PM

Lifeline Communication Assistance

Free cell-phone, landline and broadband discounts for families and individuals participating in federally-funded programs, including, but not limited to, Medicaid, SNAP, SSI, Section 8 Housing, and Head Start.

<https://www.fcc.gov/consumers/guides/lifeline-support-affordable-communications>

Comcast Internet Essentials

Deeply discounted laptop computers and broadband internet for veterans, families receiving housing assistance, families with children receiving free or reduced school lunches, and others.
